



The Breakthrough Time Management and Productivity Course©



***We exist to empower leaders and teams to breakthrough
and achieve their potential!***

Call us at: + 61 481 307 778

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The Breakthrough Time Management and Productivity Course©

Would your leaders and team members benefit from developing skills with their personal productivity, efficiency and time management?

Through this workshop your participants will be on the right track with developing positive strategies with their time management and productivity. Some people blame everything that goes wrong in their life on something or someone else, but through this workshop your participants will take ownership and begin to lead a more productive life and consistently hit their KPIs at work. In this course each participant will learn and apply strategies to breakthrough with their productivity and manage their time more efficiently.

Standard, one-size fits all approaches to time management and productivity are not effective approaches. As a Manager, Leader and/or Business Owner you will appreciate that each member of your team has a different personality, value system, communication style, decision making style etc. Together we will determine which of our suite of assessments/profiles will be the most relevant to your team members before they attend this training. The assessments/profiles that could be taken include: VIA Character Strengths Profile, DISC Profile, Enneagram Profile, Big Five Personality Profile, Myers & Briggs 16 Personality Profile, Decision Style Test or The Kendall Life Languages™ Profile. Each of these assessments/profiles has an area of speciality that will help your team members gain self-awareness and a baseline for the training outcomes that will follow. We will also use these results to customise time management and productivity tools that target the best practice approaches that will work for your team members.



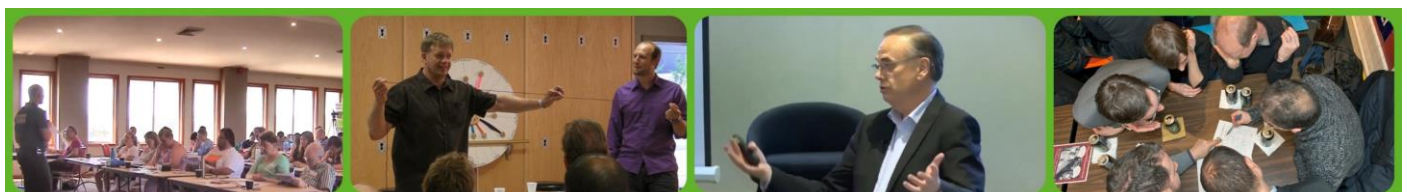
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📅 1-2 Hours | 📅 1/2 Day

This Breakthrough Corporate Training proprietary course will include the following outcomes for your team:

- Complete one or more assessment/profile before the training. We will unpack the results and give insight into best practice approaches that will work for team members.
- The neuroscience of habits and goal setting.
- Learn approaches that fit each participant.
- Staying on top of their to-do list.
- Strategies to beat procrastination and get things done.
- Setting and evaluating SPEEDUP Goals and other goal strategies.
- Using routines, product management software and other tools to maximize productivity.
- Integrate your personal strengths and thrive in the hybrid working from home and work environments.
- Focusing on the importance of teamwork and what is needed to make a team better.
- Learning how to work together effectively and appreciate each other's strengths, values, and weaknesses.
- Enhance your communication (both verbal and non-verbal).



The overall training/coaching is aimed to help participants understand themselves and learn targetted strategies that enhance their time management and productivity skills. Participants will learn how to establish routines, set goals, create an efficient environment, and use time-honoured planning and organisational tools to maximize their personal productivity. This course can be run in the following formats: 1-2 Hours, and Half Day options are available. Call +61 481 307 778 or email office@breakthroughcorporatetraining.com.au for more information.

Empowering leaders and teams to breakthrough and achieve their potential!

Breakthrough Corporate Training offers workshops, corporate training, coaching, team building, retreats and speaking services to organisations in Australia and worldwide. Breakthrough Corporate Training has a strategic partnership with TransforMe Learning and combined, we have over 70,000 hours of coaching/mentoring/training experience in organisations. 10s of 1000s of People from organisations in Sydney Australia and around the world have been transformed through our talks, corporate training, coaching, and mentoring. See some of our combined clients below.



Our Vision

Breakthrough Corporate Training is a Sydney Australia-based corporate training leader. We facilitate powerful breakthroughs that transform team culture through our CLASS (Communication, Leadership And Soft Skills) and RAW (Resilience And Well-being) Courses and Programs. Our clients experience transformation through our on-line and on-site training, coaching, team building, retreats, and keynote talks. We add enormous value to teams as they become healthy, cohesive, and successful.

Our Core Purpose

To Empower Leaders and Teams to Breakthrough and Achieve Their Potential!

Our Core Values

Our Core Values show you what is really important to us and how we behave. Our core values demonstrate who we are at our core to our clients. These Core Values are intrinsic to who we are, and they do not change. Our Core Values are *Engagement, Breakthrough, and Passion*.

- Engagement* – We are engaged in every client encounter. We empower leaders and teams to *Breakthrough*.
- Passion* is our energy that fuels transformation experiences.

Our Nurture Values are values that we care about and that we aim to demonstrate in our behaviour. These values reflect our standards and how we function in our organisation. Our Nurture Values are *Relevance, Heart, Integrity, Presence, Truth, Courage, and Teamwork*.



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