



The Epic Journey of Life Course©



***We exist to empower leaders and teams to breakthrough
and achieve their potential!***

Call us at: + 61 481 307 778

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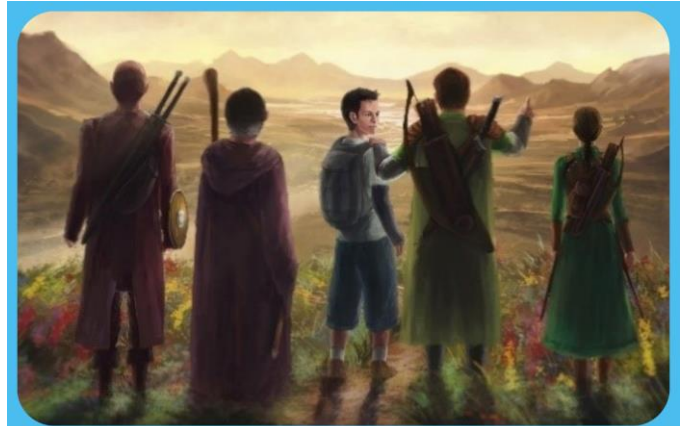
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The Epic Journey of Life Course©

Would your leaders and team members benefit from an adventurous and engaging personal development workshop?

This course blends creativity, dramatic visuals, music, engaging group activities, and pragmatic strategy. The learning is multiplied as each participant will be activated with individual and group activities through the workshop. Using the Epic Journey of Life maps and group activities participants embark on their journey to the Empowerlands.

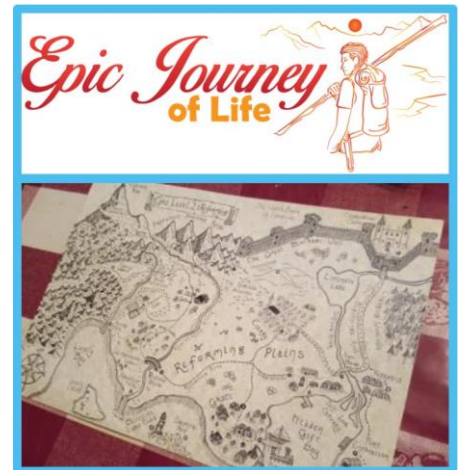
Scott Epp and Greg Beech have developed and enhanced this course since 2014. This dynamic workshop encompasses a colour workbook with graphics, maps and tools that will lead you through a step-by-step process as you have heroic actions to complete, values to discover, strengths to uncover, fears to breakthrough and a life plan to create. Participants will enjoy a unique collision of pragmatism, innovation, and creativity.



1/2 Day | Full Day | Custom Program

This Breakthrough Corporate Training proprietary course will include the following outcomes for your team:

- Gain clarity with the most important priorities and create a road map for accomplishing what matters most.
- Navigate through the stages of Their Epic Journey to the Empowerlands.
- Foster a sense of personal integration and fulfilment that overflows into career development and productivity.
- Create an inspiring life plan and strategies to finish with few or no regrets.



The two parts lead participants to create an inspiring road map for their future.

Part One: The Hero's Epic Journey Begins

- What are we certain/uncertain about? (Uncertainty is the necessary hallmark of innovation).
- Participants gain personal and professional clarity and self-awareness. What are the winds of change that are blowing? What are the dragons, giants, and trolls that we need to be aware of on our epic journey to abundance?
- Envisioning the future personally and professionally and seeing the possibilities and pitfalls along the way.
- The character strengths and values necessary for the epic journey ahead.
- Soul healing – dealing with the personal issues that may hold us back.
- Skills (how to innovate, how to transition, outlining our strategy).
- Leaving the Land of Slumber and building The Hero's Envisioning Skills.
- Navigating through "Familiar Forest", "Lake Average", "Mediocre Mountain", "One Day Bog", "Settling for Falls", "If Only Hills", "Procrastination Fields", "Town of Tiredness" and "City of Surviving" on the journey.

Part Two: The Hero's Transformation on Their Epic Journey

- Going through the Hero's Reforming Zone and facing the dragons and giants that could lead to failures and setbacks.
- Navigating internal and external change – while innovating on the journey.
- Define strategies and embrace new learnings.
- Overcome the dragon that hoarded over the abundance that they envisioned.
- A new day awaits, and the discovery, that the journey must continue, innovation must increase, new strategies must be designed, and a new future envisaged. This is just the beginning.



The overall training/coaching is aimed to help participants embark on a hero's journey coaching process. Participants will uncover their strengths, values, purpose, build their life plan and breakthrough fears in this experiential one-of-a-kind course. This course can be run in the following formats: Half Day, Full Day and Custom Program options are available. Call +61 481 307 778 or email office@breakthroughcorporatetraining.com.au for more information.

Empowering leaders and teams to breakthrough and achieve their potential!

Breakthrough Corporate Training offers workshops, corporate training, coaching, team building, retreats and speaking services to organisations in Australia and worldwide. Breakthrough Corporate Training has a strategic partnership with TransforMe Learning and combined, we have over 70,000 hours of coaching/mentoring/training experience in organisations. 10s of 1000s of People from organisations in Sydney Australia and around the world have been transformed through our talks, corporate training, coaching, and mentoring. See some of our combined clients below.



Our Vision

Breakthrough Corporate Training is a Sydney Australia-based corporate training leader. We facilitate powerful breakthroughs that transform team culture through our CLASS (Communication, Leadership And Soft Skills) and RAW (Resilience And Well-being) Courses and Programs. Our clients experience transformation through our on-line and on-site training, coaching, team building, retreats, and keynote talks. We add enormous value to teams as they become healthy, cohesive, and successful.

Our Core Purpose

To Empower Leaders and Teams to Breakthrough and Achieve Their Potential!

Our Core Values

Our Core Values show you what is really important to us and how we behave. Our core values demonstrate who we are at our core to our clients. These Core Values are intrinsic to who we are, and they do not change. Our Core Values are *Engagement, Breakthrough, and Passion*.

- Engagement* – We are engaged in every client encounter.
- We empower leaders and teams to *Breakthrough*.
- Passion* is our energy that fuels transformation experiences.

Our Nurture Values are values that we care about and that we aim to demonstrate in our behaviour. These values reflect our standards and how we function in our organisation. Our Nurture Values are *Relevance, Heart, Integrity, Presence, Truth, Courage, and Teamwork*.



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