



The Keys to Effective Coaching Course©



***We exist to empower leaders and teams to breakthrough
and achieve their potential!***

Call us at: + 61 481 307 778

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The Keys to Effective Coaching Course©

Would your workplace benefit from developing a culture where leaders, managers and team members apply effective coaching skills?

Foundational coaching skills are pillars for successful communication, team health, empathy, motivation, collaboration, spirit, and effectiveness.

Scott Epp and Greg Beech each have over 10,000 hours of one-on-one professional coaching and mentoring experience. This sets them apart as industry leaders in developing and teaching individuals and teams effective coaching skills. This training highlights key coaching skills and helps participants improve their coaching in the workplace setting. Our training incorporates an array of learning, coaching, role-playing, and activations. Participants will learn the strategies that we have honed since 2010 with Abundance Coaching.



Full Day | Custom Program

This Breakthrough Corporate Training proprietary course will include the following outcomes for your team:

- Introduction to professional coaching.
- Effective communication and conversations.
- How to create a “coaching presence.”
- Curiosity rather than diagnosis.
- Advance your essential coaching skills; powerful questions, active listening, reframing, visualising, goals and more.
- Modelling, role-plays, and in-class practice using the skills above.

Breakthrough Corporate Training provides numerous coaching tools and the necessary training for using them. Here are some of our proprietary coaching tools and applications that we can include:

- Abundance Coaching 4 Pillars of Life Tool©
- Abundance Coaching Values Discovery Tool©
- Abundance Coaching Comfort Zone Breakthrough Tool©
- Abundance Coaching Navigating Change Tool©
- Abundance Coaching Problem-Solving Tool©
- Abundance Coaching Rapid Results Tool©
- Abundance Coaching CLARITY Coaching Process©
- Abundance Coaching Setting Goals and Priorities Tool©
- Abundance Coaching Limiting Beliefs vs Empowering Beliefs Tool©
- Abundance Coaching Total Confidence and Self-Worth Blueprint©
- Abundance Coaching Story Breakthrough Tool©
- Abundance Coaching Conflict Management Tool©



As teams are vital to every organisation we have found that learning effective coaching skills is especially important for leaders and managers. These coaching skills put you and your team members on the fast track to increased results, enhanced internal communication and notably better client interactions.



The overall training/coaching is aimed to help participants develop coaching skills through engaging training and practical application and roleplays. This course can be run in the following formats: Full Day, and Custom Program options are available. Call +61 481 307 778 or email office@breakthroughcorporatetraining.com.au for more information.

Empowering leaders and teams to breakthrough and achieve their potential!

Breakthrough Corporate Training offers workshops, corporate training, coaching, team building, retreats and speaking services to organisations in Australia and worldwide. Breakthrough Corporate Training has a strategic partnership with TransforMe Learning and combined, we have over 70,000 hours of coaching/mentoring/training experience in organisations. 10s of 1000s of People from organisations in Sydney Australia and around the world have been transformed through our talks, corporate training, coaching, and mentoring. See some of our combined clients below.



Our Vision

Breakthrough Corporate Training is a Sydney Australia-based corporate training leader. We facilitate powerful breakthroughs that transform team culture through our CLASS (Communication, Leadership And Soft Skills) and RAW (Resilience And Well-being) Courses and Programs. Our clients experience transformation through our on-line and on-site training, coaching, team building, retreats, and keynote talks. We add enormous value to teams as they become healthy, cohesive, and successful.

Our Core Purpose

To Empower Leaders and Teams to Breakthrough and Achieve Their Potential!

Our Core Values

Our Core Values show you what is really important to us and how we behave. Our core values demonstrate who we are at our core to our clients. These Core Values are intrinsic to who we are, and they do not change. Our Core Values are *Engagement, Breakthrough, and Passion*.

- Engagement* – We are engaged in every client encounter. We empower leaders and teams to *Breakthrough*.
- Passion* is our energy that fuels transformation experiences.

Our Nurture Values are values that we care about and that we aim to demonstrate in our behaviour. These values reflect our standards and how we function in our organisation. Our Nurture Values are *Relevance, Heart, Integrity, Presence, Truth, Courage, and Teamwork*.



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