



The Life Languages™ Communication Breakthrough Course©



We exist to empower leaders and teams to breakthrough and achieve their potential!

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Would your leaders and team members benefit from breaking through with communication?

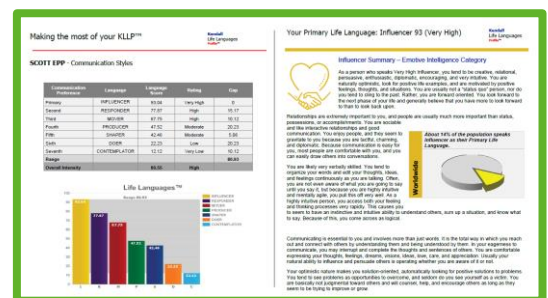
In this training we will dynamically lead your team to understand and develop their communication effectiveness and teamwork. We will integrate the Kendall Life Languages™ Profile as a foundation for this course. Your stakeholders, leaders, managers and team members will become better communicators and team players.

Participants will discover the freedom of not feeling boxed in because they have all the 7 Life Languages™ at varying fluencies. Participants will explore their communication strengths and areas to develop, so they can become great all-round communicators. Ineffective communication is harmful to your team... Let's take a look!



- **Time loss** – communication breakdowns lead to significant time losses, during which the client might as well take their business elsewhere. Time losses are often a consequence of miscommunication.
- **Disputes and conflicts** – Workplace conflicts can result in absenteeism and people leaving their job. In fact, according to research, up to 50% of the reason people leave their job is due to disputes and conflict.
- **Low employee engagement and productivity** – Communication breakdowns force people to give their time and attention to fixing the errors that should never have happened in the first place. Poor communication often leads to presenteeism where employees are at work but they are not fully present, engaged and unified as a team. Poor communication causes frustration and stress.
- **Project failure** – Poor communication, if it's not detected on time, can lead to project failure. When a mistake is made early in the process and never caught, and thus the project continues on a faulty base.
- **Decreased revenue** – According to The Holmes Report – corporations with leaders identified as highly effective communicators had up to 47% more returns to shareholders within a five year time span when compared to the corporations with the least effective communicators at the helm. Simply put – good communication pays.
- **Unsafe and unhealthy work environments** – Poor communication contributes to unsafe and unhealthy work environments. Employees need to clearly understand what is expected of them and they want to be on a healthy cohesive team that is working together. Poor communication can lead to a lack of trust, low 'company buy-in', issues with occupational health and safety and more.

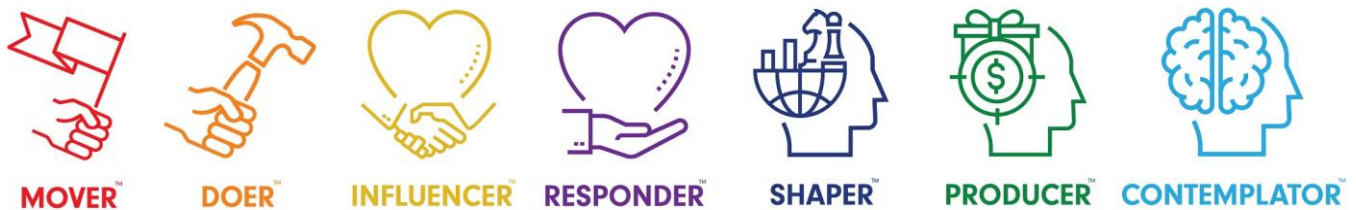
Each participant will receive a Kendall Life Languages™ Profile which they will complete before the on-site team building day. Out of the dozens of assessments and profiles that we've used over the last 12 years, this profile is the best for participant buy in and sentiment. It is also the best profile for accurately helping people understand who they are, how they communicate and how others perceive their communication. The Life Languages™ is a unique profile that gives you a comprehensive picture of who you are and how you communicate, act, and behave. This profile does not box you in or single you out into one of 16 styles but rather expresses how we are all wired with 7 Life Languages™ at varying levels. This profile is *diagnostic and prescriptive*, providing insightful, positive self-discovery resulting in Character-Centred-Communication. Our team can prepare an instructional video for your participants. This will help introduce ourselves, create excitement and we will share the easy-to-follow directions for the pre-work. Participants complete their questionnaire, and they will get an insightful personal 10–15-page PDF report.



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In a team context it is invaluable if respective communication styles are understood by all team members. Every member of your team will get a deep understanding of who they are and how they are wired. With effective communication, your team will be positioned to have a team culture that is healthy and cohesive. To develop this culture, it will also be important to learn the communication styles of your team members and clients. Effective communication skills are incredibly useful in breaking down silos and having people feel empowered and valued. In this training we will unpack each of the 7 Life Languages™ and participants communication styles. These are the 7 Life Languages™ that each of us have at varying levels:

- **Mover** - The Mover language is characterized by being direct, ambitious, and assertive.
- **Doer** - The Doer Life Language™ is characterized by being dedicated and observant of their surroundings.
- **Influencer** - The Influencer Life Language™ is characterized by being optimistic and relational.
- **Responder** - The Responder Life Language™ is characterized by being compassionate, warm, and passionate.
- **Shaper** - The Shaper Life Language™ is characterized by being organized, focused and efficient.
- **Producer** - The Producer Life Language™ is characterized by being gracious, responsible, and thoughtful.
- **Contemplator** - The Contemplator Life Language™ is characterized by being inquisitive, calm, and reflective.



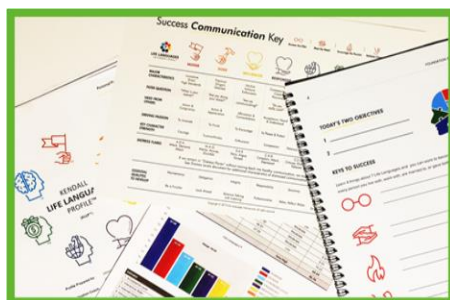
This training aims to give participants the skills and resources that are essential for them to become healthy and cohesive leaders and team members. The training room experience will be a mix of learning, visuals, and group interactions. Here are the outcomes of this training for you and your team members:

- Understand the 7 Life Languages™ and learn new communication strategies.
- Discover amazing skills in conflict resolution.
- Learn how to effectively communicate with your boss, peers, and teams.
- Discover how you prefer to communicate and how others perceive your communication and then build bridges to communicate more effectively.
- Develop your social and communication intelligence skills.
- Become aware of the 7 Life Languages™ Distress Flares and de-escalation strategies for yourself and others.
- Find out what your areas to develop are and learn how to turn these into strengths.



"Effective Communication is the key ingredient to an enriching, productive and fulfilled team!" – Scott and Nicole Epp

Scott and Nicole Epp are your Australia Senior Life Languages™ Communication Coaches and Trainers. They were introduced to this tool in 2006 and have 1000s of hours coaching/training with it.



The training will integrate communication and social intelligence skills as a base through The Kendall Life Languages™ Profile. The delivery will be interactive and dynamic as participants will have opportunities to engage in the material through short breakouts, visual learning, and activities. We include all materials for the workshop activities and each participant will also receive a kit of tools including a laminated cheat sheet, poster, and materials. The stakeholders also receive a kit of tools including posters, a set of Life Languages™ laminated cheat sheets and a comprehensive Life Languages group report with CrossTalks™ for each team member.

The overall training/coaching is aimed to help participants gain awareness and skills to enhance their interpersonal and communication effectiveness. This course can be run in the following formats: 1-2 Hours, Half Day and Full Day options are available. After this Course, we offer the next level with our *Life Languages™ Communication Mastery Course©* and custom program. Call +61 481 307 778 or email office@breakthroughcorporatetraining.com.au for more information.

Empowering leaders and teams to breakthrough and achieve their potential!

Breakthrough Corporate Training offers workshops, corporate training, coaching, team building, retreats and speaking services to organisations in Australia and worldwide. Breakthrough Corporate Training has a strategic partnership with TransforMe Learning and combined, we have over 70,000 hours of coaching/mentoring/training experience in organisations. 10s of 1000s of People from organisations in Sydney Australia and around the world have been transformed through our talks, corporate training, coaching, and mentoring. See some of our combined clients below.



Our Vision

Breakthrough Corporate Training is a Sydney Australia-based corporate training leader. We facilitate powerful breakthroughs that transform team culture through our CLASS (Communication, Leadership And Soft Skills) and RAW (Resilience And Well-being) Courses and Programs. Our clients experience transformation through our on-line and on-site training, coaching, team building, retreats, and keynote talks. We add enormous value to teams as they become healthy, cohesive, and successful.

Our Core Purpose

To Empower Leaders and Teams to Breakthrough and Achieve Their Potential!

Our Core Values

Our Core Values show you what is really important to us and how we behave. Our core values demonstrate who we are at our core to our clients. These Core Values are intrinsic to who we are, and they do not change. Our Core Values are *Engagement, Breakthrough, and Passion*.

Engagement – We are engaged in every client encounter.

We empower leaders and teams to *Breakthrough*.

Passion is our energy that fuels transformation experiences.

Our Nurture Values are values that we care about and that we aim to demonstrate in our behaviour. These values reflect our standards and how we function in our organisation. Our Nurture Values are *Relevance, Heart, Integrity, Presence, Truth, Courage, and Teamwork*.



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