



The Life Languages™ Communication Mastery Course©



***We exist to empower leaders and teams to breakthrough
and achieve their potential!***

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The Life Languages™ Communication Mastery Course©

Do you want to transform your culture by integrating mastery level communication training for your leaders and team members?

Research shows that coaching and implementation after professional development workshops will drastically increase team buy-in and ongoing culture transformation. This Communication Mastery Course and our Custom Program expands on *The Life Languages™ Communication Breakthrough Course©*.

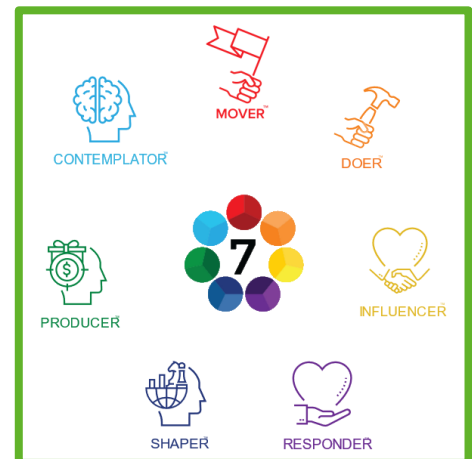
This is the pathway for your team to realize ongoing character-centred-communication. The purpose of this course and custom program is to activate, teach and coach your team members with communication mastery skills using the Life Languages™.

Integrating Life Languages™ Communication Mastery Activities and Activations

📅 1/2 Day | 📅 Full Day | 📅 Custom Program

This Breakthrough Corporate Training proprietary course will include the following outcomes for your team:

- Master Communication as participants enhance skills and strategies with, acknowledgement, approval, encouragement, and empowerment.
- Master Communication as participants spot Life Languages™ Characteristics and then communicate to the right Life Language by answering the filter, meeting the need, driving the passion, and building up the character.
- Mastering Communication under pressure. Learn how to spot distress flares, distress patterns and chronic patterns in others. Then learn how to help them move from distress to healthy and positive communication.
- Master Communication with people who have very different Communication Styles. You will learn how to use CrossTalks™ to bridge gaps in communication and enter healthy and positive communication.
- We will have discussions with your team members When designing this as a custom program for your Organisation, one of the add-ons that we can include is Professional one-on-one Coaching with your team members.



One custom option is to get Scott Epp and/or our other Certified Life Languages™ Communication Coaches to coach selected individuals for 45-60 minutes Sessions on Zoom.us/MS Teams or in person in Sydney Australia. One-On-One Coaching will uncover the depths of knowledge that is immersed in the Individual's Life Languages™ Profile. Here are some of the benefits:

- Inspire individuals as they learn how to become more effective communicators and to engineer healthy relationships or even reverse engineer relationships if they become stressed.
- Learn to be conscious about 'switching on the light for the right Life Language' and use the right Life Language(s) at the right times in your personal and professional relationships. Participants will have an opportunity to fill in their Life Languages™ Goal Sheet towards the end of the Session.
- Empower individuals to understand their KLLP™ results, scores, scales, indicators, and combinations.

Team Building Options for The Life Languages™ Communication Mastery Course©

1) Identifying The 7 Life Languages™ in Their Pure Form Activity©

To become proficient in using Life Languages™ in your everyday interactions it is essential to learn to identify the Characteristics that are evident in the displayed behaviours and communication styles of the people we are interacting with. The purpose of this activity is to identify the Life Languages™ Communication Style that is in front of us. The methods that we use include 'Standing on the Curve', 'Spot the Life Language™ Image Decks' and movie/media videos.



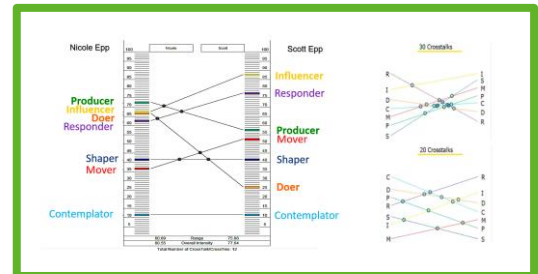
2) The Communication Breakthrough Activity©

In this interactive and engaging activity each person will need to wear provided Lanyards with their Top Life Languages™. These Lanyards will include the Filter Question, Need from Others, Driving Passion, and Key Character Strength from each of their Life Languages™. The twist is that participants will need to breakthrough in communication with each interaction to advance. We will also incorporate communication skills such as active listening, reframing, body languages and powerful questioning.



3) The Life Languages™ CrossTalks™ Activity©

CrossTalks™ are a measurement of two communication styles. The more similar the descending order of their 7 Life Languages™ is, the fewer CrossTalks™ two people will have. The more different the descending order of 7 Life Languages™ is, the more CrossTalks™ two people will have. When two people have many crossed communications, they will be shown how to communicate using the CrossTalk™ methodology. Time permitting, we can have team members go through this activity with multiple colleagues.



4) Mastering Communication Under Pressure Activity©

In the workplace there is pressure to communicate, perform, hit targets, and add value to our clients and more. It's no wonder that Distress flares can happen in our communication (internally and externally.) These Distress Flares can fester, cause resentment and more. Your facilitator acts out live scenarios to showcase the distress flares of each Life Language. Groups will go through workplace scenarios and identify the Distress Flares and use the given strategies to move back into healthy communication.



5) The Life Languages™ Communication Jeopardy

In this session, everyone will participate and play a fun and challenging game called Communication Jeopardy. The game starts by us strategically choosing multiple teams that will have the opportunity to compete against each other to win the game. We will set up a game board (like the Jeopardy we all know.) Your facilitator will be your Game Show host. Each team will have their buzzer and the team with the most points in the end wins! You will be asked questions that are relevant to effective communication.



6) The Life Languages™ Spaghetti Bridge Experience©

The Life Languages™ Spaghetti Bridge Experience© brings out immense creativity, teamwork, strategy, resourcefulness, and engineering to complete. This workshop activity incorporates the 7 Life Languages™ communication styles. Each team has a mystery box of goodies and unique instructions to complete a Spaghetti Bridge. Teams will have a set amount of 'breakthrough bucks' to use at the breakthrough store to buy additional items and they are tasked to build the most efficient bridge that survives.



The overall training/coaching is aimed to help participants take their communication skills to the next level and transform team culture and communication. This course can be run in the following formats: Half Day, Full Day and Custom Program options are available. Call +61 481 307 778 or email office@breakthroughcorporatetraining.com.au for more information.

Empowering leaders and teams to breakthrough and achieve their potential!

Breakthrough Corporate Training offers workshops, corporate training, coaching, team building, retreats and speaking services to organisations in Australia and worldwide. Breakthrough Corporate Training has a strategic partnership with TransforMe Learning and combined, we have over 70,000 hours of coaching/mentoring/training experience in organisations. 10s of 1000s of People from organisations in Sydney Australia and around the world have been transformed through our talks, corporate training, coaching, and mentoring. See some of our combined clients below.



Our Vision

Breakthrough Corporate Training is a Sydney Australia-based corporate training leader. We facilitate powerful breakthroughs that transform team culture through our CLASS (Communication, Leadership And Soft Skills) and RAW (Resilience And Well-being) Courses and Programs. Our clients experience transformation through our on-line and on-site training, coaching, team building, retreats, and keynote talks. We add enormous value to teams as they become healthy, cohesive, and successful.

Our Core Purpose

To Empower Leaders and Teams to Breakthrough and Achieve Their Potential!

Our Core Values

Our Core Values show you what is really important to us and how we behave. Our core values demonstrate who we are at our core to our clients. These Core Values are intrinsic to who we are, and they do not change. Our Core Values are *Engagement, Breakthrough, and Passion*.

Engagement – We are engaged in every client encounter.

We empower leaders and teams to *Breakthrough*.

Passion is our energy that fuels transformation experiences.

Our Nurture Values are values that we care about and that we aim to demonstrate in our behaviour. These values reflect our standards and how we function in our organisation. Our Nurture Values are *Relevance, Heart, Integrity, Presence, Truth, Courage, and Teamwork*.



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