



# The Synergizing Strengths Course©



***We exist to empower leaders and teams to breakthrough and achieve their potential!***

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# The Synergizing Strengths Course©

Would your leaders and team members benefit from a well-being training that helped them synergize their strengths?

*“There is a 1.9 times increased likelihood of having above-median financial performance when the top team is working together toward a common vision.” – Scott Keller and Mary Meaney, Leading Organization: Ten Timeless Truths, New York, NY: Bloomsbury, 2017.*

In today’s interdependent, matrix, and dynamic workspaces, the need for teams to work smoothly is critical. However, the realities of competition, ego, personal agendas, and fast changing teams makes for some interesting challenges that teams and leaders face today in getting everyone to rally around a common goal. Significant barriers to team growth can be people’s resistance and fear. When it comes to organisational culture, it is essential that teams are synergised together, especially in times of significant change. Breakthrough Corporate Training has strategically partnered with TransforMe Learning, to offer the Synergizing Strengths Course©. This course/intervention has a proven track record of getting transformed results with leaders and teams in dozens of multi-national organisations. Here are some of the outcomes you and your team can expect from this course:



Full Day |  Custom Program

- Breakthrough relational and organisational barriers that are hurting your team.
- Create a space for powerful conversations to happen with team members.
- Get tangible results, insight, inspiration, and return on your investment.
- Improve the engagement results of your team.
- Synergize the strengths of your team.
- Enhance vulnerability and empathy-based conversations.



The leadership team of a French energy company was not aligned for a critical expansion, so each department was taking counterproductive and contradictory actions. At the end of the course, they shared this success story: *“The session unfolded very powerfully in breaking barriers, encouraging empathy-based conversations, and forging a way ahead for building deeper, stronger relationships. We are going back as a more understood, empathetic team with potential to sustain our levels of trust and collaboration.”*



This course has a proven process and methodology that gets teams to connect, converge, and conquer. The coaching process acts as a catalyst to team synergy, creating a safe space for people to connect on a deep level. From their authentic dialogues and facilitated experiments, they can build trust, understanding, and positive intent. The team successfully sets norms and holds each other accountable to higher standards. This course is very experiential with minimal training/teaching. The Synergizing Strengths intervention follows a 4-step approach to enable teams to Catalyse, Converge, and Conquer.

**Step 1 – Diagnostics** – This includes meetings and interviews with the participants and key sponsor/leader.

**Step 2 – The Team-based Assessment for Leaders, Managers and Team Members** (by The Table Group) - to assess the metrics of your team’s health. This team assessment serves as a strong evaluation, with tangible individual and team metrics.

**Step 3 – The Synergizing Strengths Lab** – This is a 1–2-day classroom lab-based session led by industry leading and award-winning methodologies that TransforMe facilitators have mastery over. At the end of the workshop, the group walks away with a clear and implementable plan to truly synergize their strengths!

**Step 4 – Implementation** - We recommend coaching to implement what’s been learned and gain maximum leverage after the intervention. We will discuss the coaching options with your leaders.

The overall training/coaching is aimed to help participants connect on a deep level and synergize strengths with team members through our coaching approach. This course can be run in the following formats: Full Day and Custom Program options are available. Call +61 481 307 778 or email [office@breakthroughcorporatetraining.com.au](mailto:office@breakthroughcorporatetraining.com.au) for more information.



## Empowering leaders and teams to breakthrough and achieve their potential!

Breakthrough Corporate Training offers workshops, corporate training, coaching, team building, retreats and speaking services to organisations in Australia and worldwide. Breakthrough Corporate Training has a strategic partnership with TransforMe Learning and combined, we have over 70,000 hours of coaching/mentoring/training experience in organisations. 10s of 1000s of People from organisations in Sydney Australia and around the world have been transformed through our talks, corporate training, coaching, and mentoring. See some of our combined clients below.



### Our Vision

Breakthrough Corporate Training is a Sydney Australia-based corporate training leader. We facilitate powerful breakthroughs that transform team culture through our CLASS (Communication, Leadership And Soft Skills) and RAW (Resilience And Well-being) Courses and Programs. Our clients experience transformation through our on-line and on-site training, coaching, team building, retreats, and keynote talks. We add enormous value to teams as they become healthy, cohesive, and successful.

### Our Core Purpose

To Empower Leaders and Teams to Breakthrough and Achieve Their Potential!

### Our Core Values

Our Core Values show you what is really important to us and how we behave. Our core values demonstrate who we are at our core to our clients. These Core Values are intrinsic to who we are, and they do not change. Our Core Values are *Engagement, Breakthrough, and Passion*.

- Engagement* – We are engaged in every client encounter. We empower leaders and teams to *Breakthrough*.
- Passion* is our energy that fuels transformation experiences.

Our Nurture Values are values that we care about and that we aim to demonstrate in our behaviour. These values reflect our standards and how we function in our organisation. Our Nurture Values are *Relevance, Heart, Integrity, Presence, Truth, Courage, and Teamwork*.



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