



The Epic Life Values Course©



***We exist to empower leaders and teams to breakthrough
and achieve their potential!***

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The Epic Life Values Course©

Would your leaders and team members benefit from a well-being course that focuses on discovering their values and living aligned to their values?

When your team members know their values and they align to them, they will be more fulfilled in their personal life, and this has the potential for positive flow on benefits for your organisation.

We live in a world where it is easy to lose our path. Society often offers its own roads to happiness. Sailing through life without values is like taking to the ocean without a map, without a compass, and with a broken ships wheel. We are left to the mercy of the elements, the waves, the wind, so we will go wherever they take us. We can easily get lost in the vastness of the ocean without something to guide us because we have nothing to help us steer our ship and plot our course. We don't have a destination, so we just float around. Even if we do have a destination, we can't reach it – we can't place it on the map we don't have, we can't head the right way without a compass, and we can't steer the ship closer without a ships wheel. In short, going out to sea without a map, compass, or ships wheel is an aimless idea.

Scott Epp is the creator of this course, The Epic Life Values Discovery©. He has 1000+ hours of one-on-one coaching experience helping his clients discover their Epic Life Values and use them to live a more aligned, happy, and authentic life. As pre-work, participants will get The Epic Life Values Discovery© so they can discover what their values are.

“Values are ideas or themes in your life that are important enough to you that they affect how you think, how you act, and how you feel. Values are intrinsically entwined to the depth of who you are, making you distinctly unique and special.”

– Scott Epp – Founder of the Epic Life Values Discovery© and The Epic Life Values Course©

This Breakthrough Corporate Training proprietary course will include the following outcomes for your team:

- Complete The Epic Life Values Discovery© and find out what your Life Values are in the 4 Pillars of your Life.
- Learn how 'Values Conflicts' effect your relationships professionally and personally.
- Discover the 12 benefits to align with your values and how to maximise your life with them.
- Learning the process of using values to make decisions personally and professionally.
- Learn the process that will synchronise your Epic Life Values with your Organisation's Core Values.
- Use the Epic Life Values Action Plan and authentically integrate your values personally and professionally.

This course is fun, insightful, and interactive. Here is one of the activities that we can include in this course. The facilitator separates 'Epic Life Values Cards©' so that each participant has only a few values. The facilitator sets up scenarios where the participants must negotiate and trade Epic Life Values. There are specialty cards that can also be used. Participants will actively barter, trade, negotiate and use their specialty cards to end up with their own set of Epic Life Values. This activity is highly engaging, and it reveals what truly matters to each participant.



📅 1-2 Hours | 📅 1/2 Day | 📅 Full Day



The overall training/coaching is aimed to create a genuine, lasting change that will result in a life that is aligned to what matters the most and this will inspire and empower participants to be their best possible self. We also aim to synchronise Epic Life Values with Organisational Core Values. This course can be run in the following formats: 1-2 Hours, Half Day and Full Day are available. Call +61 481 307 778 or email office@breakthroughcorporatetraining.com.au for more information.

Empowering leaders and teams to breakthrough and achieve their potential!

Breakthrough Corporate Training offers workshops, corporate training, coaching, team building, retreats and speaking services to organisations in Australia and worldwide. Breakthrough Corporate Training has a strategic partnership with TransforMe Learning and combined, we have over 70,000 hours of coaching/mentoring/training experience in organisations. 10s of 1000s of People from organisations in Sydney Australia and around the world have been transformed through our talks, corporate training, coaching, and mentoring. See some of our combined clients below.



Our Vision

Breakthrough Corporate Training is a Sydney Australia-based corporate training leader. We facilitate powerful breakthroughs that transform team culture through our CLASS (Communication, Leadership And Soft Skills) and RAW (Resilience And Well-being) Courses and Programs. Our clients experience transformation through our on-line and on-site training, coaching, team building, retreats, and keynote talks. We add enormous value to teams as they become healthy, cohesive, and successful.

Our Core Purpose

To Empower Leaders and Teams to Breakthrough and Achieve Their Potential!

Our Core Values

Our Core Values show you what is really important to us and how we behave. Our core values demonstrate who we are at our core to our clients. These Core Values are intrinsic to who we are, and they do not change. Our Core Values are *Engagement, Breakthrough, and Passion*.

- Engagement* – We are engaged in every client encounter.
- We empower leaders and teams to *Breakthrough*.
- Passion* is our energy that fuels transformation experiences.

Our Nurture Values are values that we care about and that we aim to demonstrate in our behaviour. These values reflect our standards and how we function in our organisation. Our Nurture Values are *Relevance, Heart, Integrity, Presence, Truth, Courage, and Teamwork*.



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